

Dietary Avoidance List - Gluten



Current as at December 2021 - Nestlé Australia Ltd.

The following list of products:

- do not contain ingredients containing gluten, namely wheat, (including spelt) oats, rye, barley and/or;
- do not have ingredients derived from these cereals and have not been processed on equipment containing these ingredients and/or;
- may contain glucose syrup made from wheat starch that has been subject to a refining process reducing gluten protein to less than 20mg/kg and in accordance with Standard 1.2.3 of Food Standards Code does not need to be labelled as from wheat and;
- applies to products manufactured for the Australian market (identifiable by Nestlé Australia Consumer Services details on pack)
- Products identified in **blue** carry a “gluten free” claim (these products have been tested and contain no detectable gluten).

This information is correct at date of issue and may be subject to change.

Always check the product ingredient list on the label before consuming a product.

Baking Products

Nestlé Baker's Choice Baking Cocoa

Nestlé Baker's Choice Choc Bits – White, Milk, Dark, Gold

Nestlé Baker's Choice Melts - White, Milk, Dark, Gold

Plaistowe Premium Cocoa

Beverages

Nesquik – Chocolate, Strawberry

Nestlé Coffee-mate – All

Nestlé Coffee & Milk

Nestlé Aero Hot Choc

Nestlé Quality Street Hot Choc – Caramel & Hazelnut & Choc Fudge

Milkybar Hot Choc

Coffee

International Roast Coffee

Nescafé Blend 43 Instant Coffee – including Smooth & Creamy, Mild Roast, Espresso, Decaf & Dark Roast

Nescafé Gold Instant Coffee - Original, Intense, Smooth, Decaf, Short Black & Green Blend

Nescafé Coffee Mixes (sachets) - (excludes the Nescafé Gold Plant Based Lattes range)

Nescafé Cans – Mocha, Flat White & Espresso

Nescafé Dolce Gusto - All

Nescafé Farmers Origins – All

Nescafé Nativ Cascara - All

Starbucks at Home – All

Confectionery

Allen's Bites Mini Chocolate Bananas
Allen's Bites Mini Chocolate Black Cats
Allen's Bites Mini Chocolate Raspberries
Allen's Bites Mini White Choc Raspberries
Allen's Chew Mix
Allen's Freckles
Allen's Kool Fruits
Allen's Kool Mints
Allen's Minties
Allen's Red Ripperz
Allen's Sherbies
Allen's Sourz Tangy Randoms
XXX Mints
Nestlé Quality Streets

Dairy

Carnation Creamy Evaporated Milk
Carnation Light & Creamy Evaporated Milk
Carnation Lite Cooking Cream
Nestlé Caramel Dulce de Leche Squeezy
Nestlé Reduced Fat Cream
Nestlé Sweetened Condensed Milk – All
Nestlé Top 'n Fill Caramel
Sunshine Instant Full Cream Milk Powder

Foods- Maggi

Maggi Recipe Base – Bolognese with Tomato & Herbs
Maggi Recipe Base – Butter Chicken
Maggi Recipe Base - Chilli Con Carne

Maggi Recipe Base – Mexican Nachos
Maggi Recipe Base – Cottage Pie
Maggi Recipe Base - Devilled Sausages
Maggi Recipe Base - Lamb Ragout
Maggi Side Dish - Cheese & Bacon Potato Bake
Maggi Side Dish - Cheesy Cauliflower Bake
Maggi Side Dish - Creamy Cheese & Garlic Potato Bake
Maggi Side Dish - Three Cheese Flavoured Potato Bake
Maggi Slow Cooker – Creamy Chicken Curry
Maggi Slow Cooker – Rich Beef Bolognese
Maggi Slow Cooker – Tender Pulled Pork Tacos
Thomy Delikatess Mayonnaise

Healthcare Nutrition

Nestlé Kid Essentials
Nutren Diabetes – Ready to Drink
Nutren Diabetes – Powder
Optifast VLCD Desserts - All
Optifast VLCD Shakes - All
Optifast VLCD Soups - All
Sustagen Everyday – Dutch Chocolate, Vanilla
Sustagen Everyday – Ready to Drink
Sustagen Hospital Formula Active -All
Sustagen Optimum
Sustagen Sport

Infant Formula & Infant Cereals

Nan Care Probiotic Drops - All

Nan A.R

Nan Comfort - All

Nan L.I.

Nan Optipro - All

Nan SupremePro - All

Nestlé Cerelac Infant Cereal - Rice

Lozenges

Butter-Menthol - Original only

Quick-Eze – All

Foods- Maggi

The following group of *Maggi* products contain soy sauce fermented using a wheat-based ingredient. As per regulatory requirements this ingredient is labelled "*derived from wheat*" on pack however, it has been refined in a way that removes gluten. The products below in blue contain this ingredient but carry a gluten-free symbol on pack and have been subject to additional testing to ensure there is no detectable gluten remaining in the final product.

Maggi Recipe Base - Beef Stroganoff

Maggi Recipe Base - Chicken Chasseur

Maggi Recipe Base - Satay Chicken

Maggi Recipe Base – Beef Goulash

Maggi Recipe Base – Chow Mein

Maggi Slow Cooker – Beef Casserole

Maggi Slow Cooker – Hearty Chicken Casserole