

Dietary List: Vegetarian



Current at June 2022 for Nestlé Australia Ltd.

The following list of products are suitable for a Lacto-Ovo Vegetarian diet (some products may contain egg, dairy or honey). Products marked with an asterisk* contain Vitamin D from lanolin.

This list of products applies to products manufactured for the Australian market (identifiable by Nestlé Australia Consumer Services details on pack).

This information is correct at date of issue and may be subject to change.

Please check the product ingredient list on labels before consuming a product.

Baking

Nestlé Bakers' Choice Baking Cocoa
Nestlé Bakers' Choice Choc Bits – Milk, White, Dark & Gold
Nestlé Bakers' Choice Melts - Milk, White, Dark & Gold
Plaistowe Premium Baking Chocolate – Milk, White, Dark & 70% Cocoa
Plaistowe Premium Cocoa
Nestlé Plant Based Sweetened Condensed Milk Alternative

Beverages

Milo – All (including *Milo* Original Can) *
Nestlé Malted Milk
Nestlé Coffee-Mate – All
Nestlé Caro Extra
Nesquik – Chocolate
Nestlé Aero Hot Choc
Nestlé Aero Gold Hot Choc
Milkybar Hot Choc
Uncle Tobys Oat Milk – All
Starbucks Signature Chocolate 42%
Starbucks Signature Chocolate Salted Caramel Cocoa Powder Sachets

Coffee

International Roast Coffee
Nescafé Blend 43 Instant Coffee – including Smooth & Creamy, Mild Roast, Espresso, Decaf & Dark Roast

Nescafé Gold Instant Coffee - Original, Intense, Smooth, Decaf, Short Black & Green Blend
Nescafé Coffee Mixes (sachets) - All
Nescafé Cans – Mocha, Flat White & Espresso
Nescafé Dolce Gusto - All
Nescafé Farmers Origins – All
Starbucks at Home – All

Cereals

Milo Cereal - All*
Morning Sun Muesli - All
Nesquik Cereal
Uncle Tobys Ancient Grains
Uncle Tobys Breakfast Bakes
Uncle Tobys Cheerios - All
Uncle Tobys Fruity Bites - Wildberry
Uncle Tobys Goodness Bowl Bran Plus
Uncle Tobys Goodness Bowl Fruity Pillows – All
Uncle Tobys Goodness Bowl Low Sugar Muesli – Almonds Cashews & Cinnamon
Uncle Tobys Goodness Bowl Tasty Flakes – All
Uncle Tobys Goodness Bowl Wholegrain Flakes - All
Uncle Tobys Natural Style Swiss Blend Muesli
Uncle Tobys Oat Crisp - All
Uncle Tobys Oat Flakes
Uncle Tobys Oats - All
Uncle Tobys Plus – All (Calcium*)
Uncle Tobys Shredded Wheat
Uncle Tobys Vita Brits
Uncle Tobys Vita Weeties
Uncle Tobys Delicious Blends Blueberry & Coconut

Uncle Tobys NAT Bears – all
Uncle Tobys NAT Oat Sachets - all

Foods

Maggi Recipe Base – Bolognese with Tomato & Herbs
Maggi Recipe Base – Chow Mein
Maggi Recipe Base – Cottage Pie
Maggi Recipe Base – Mexican Nachos

Condiments & Sauces

Cross & Blackwell Branston Pickle
Maggi Original Seasoning
Thomy Delikatess Mayonnaise

Confectionery

Allen's Cheekies
Allen's Fantales
Allen's Kool Mints
Allen's Spearmint Leaves
Allen's Jubees
Allen's Bites Chocolate Coconut Rough
KitKat - All (excluding KitKat Gold & Gold Whirl)
Milkybar – All (excluding Milkybar Cookie Bites)
Nestlé Aero - All
Nestlé Chokito Bar – (excluding Chokito Bites)
Nestlé Crunch
Nestlé Golden Rough
Nestlé Peppermint Crisp
Nestlé Rolo
Nestlé Rolo Chocolate Bites
Nestlé Quality Street

Dairy

Carnation Creamy Evaporated Milk
Carnation Light & Creamy Evaporated Milk

Carnation Lite Cooking Cream
Nestlé Dulce de Leche Caramel Squeezy
Nestlé Reduced Fat Cream
Nestlé Sweetened Condensed Milk – All
Nestlé Top 'n' Fill Caramel
Sunshine Instant Full Cream Milk Powder

Healthcare Nutrition

Optifast VLCD Bar - All
Sustagen Everyday
Sustagen Ready to Drink

Infant Nutrition

Cerelac Infant Cereal – All
*Nan Comfort – Stages 1 and 2**
NanCare Probiotic Drops – All

Medicated

Butter Menthol – (excluding Throat Gummies)
Quick-Eze Chewy - Peppermint, Cooling Icy Mint
Quick-Eze Original
Soothers Eucalyptus & Menthol
Soothers Honey & Lemon
Soothers Liquid Centres Lemon & Lime

Snacks

*Milo Snack Bars - All**
Uncle Tobys Muesli Bars – All
Uncle Tobys Roll-ups – All
Uncle Tobys Le Snak – All
Uncle Tobys Oat Balls – All
Uncle Tobys Oat Slice – All

Please Note: The following products may be suitable for a Lacto-Ovo-Vegetarian diet (some products may contain egg, dairy or honey), however they are manufactured on equipment processing crustacean and/or fish.

Foods

Maggi 2 Minute Noodles - All
Maggi Cup Noodles - All
Maggi Fusian – All
Maggi Gravy – Roast Chicken
Maggi Gravy – Roast Meat

Maggi Hot Mealz Bowls – All
Maggi Recipe Base - Apricot Chicken
Maggi Recipe Base - Beef Goulash
Maggi Recipe Base - Beef Stroganoff
Maggi Recipe Base - Butter Chicken
Maggi Recipe Base – Cheesy Lasagne

Maggi Recipe Base – Chicken Chasseur
Maggi Recipe Base - Chilli Con Carne
Maggi Recipe Base – Devilled Sausages
Maggi Recipe Base – Lamb Ragout
Maggi Recipe Base – Satay Chicken
Maggi Side Dishes - Cheesy Broccoli & Cauliflower Bake
Maggi Side Dishes - Creamy Cheese and Garlic Potato Bake
Maggi Side Dishes - Pumpkin & Fetta

Maggi Side Dishes - Sour Cream & Chives Potato Bake
Maggi Side Dishes - Three Cheese Potato Bake
Maggi Side Dishes Cheesy Broccoli & Cauliflower
Maggi Slow Cooker – All
Maggi So Crispy – Chicken Schnitzels
Maggi Stir Fry – All except Pad Thai
Maggi Wet Recipe Base – All