# **Dietary List: Vegetarian**



Current at April 2023 for Nestlé Australia Ltd.

The following list of products are suitable for a Lacto-Ovo Vegetarian diet (some products may contain egg, dairy or honey). Products marked with an asterisk\* contain Vitamin D from lanolin.

This list of products applies to products manufactured for the Australian market (identifiable by Nestlé Australia Consumer Services details on pack).

This information is correct at date of issue and may be subject to change. Please check the product ingredient list on labels before consuming a product.

# Baking

Nestlé Bakers' Choice Baking Cocoa Nestlé Bakers' Choice Choc Bits – Milk, White, Dark Nestlé Bakers' Choice Melts - Milk, White, Dark Plaistowe Premium Baking Chocolate – Milk, White, Dark & 70% Cocoa Plaistowe Premium Cocoa

# Beverages

Milo – All (including Milo Original Can) \* Nestlé Malted Milk Nestlé Coffee-Mate – All Nestlé Caro Extra Nesquik – Chocolate Nestlé Aero Hot Choc Nestlé Aero Gold Hot Choc Nilkybar Hot Choc Uncle Tobys Oat Milk – All Starbucks Signature Chocolate 42% Starbucks Signature Chocolate Salted Caramel Cocoa Powder Sachets

# Coffee

International Roast Coffee Nescafé Blend 43 Instant Coffee – including Smooth & Creamy, Mild Roast, Espresso, Decaf & Dark Roast Nescafé Gold Instant Coffee - Original, Intense, Smooth, Decaf, Short Black & Green Blend Nescafé Coffee Mixes (sachets) - All Nescafé Cans – Mocha, Flat White & Espresso Nescafé Dolce Gusto - All Nescafé Farmers Origins – All Starbucks at Home – All

# Cereals

Milo Cereal - All\* Morning Sun Muesli - All Nesquik Cereal Uncle Tobys Ancient Grains Uncle Tobys Breakfast Bakes Uncle Tobys Cheerios - All Uncle Tobys Fruity Bites - Wildberry Uncle Tobys Goodness Bowl Fruity Pillows Uncle Tobys Goodness Bowl Tasty Flakes Uncle Tobys Goodness Bowl Low Sugar Muesli -Almonds Cashews and Cinnamon Uncle Tobys Goodness Bowl Low Sugar Muesli -Berries & Coconut Uncle Tobys Goodness Bowl Wholegrain Flakes Apple Raspberry and Coconut Uncle Tobys Goodness Bowl Indulgent Muesli Apple Crumble Uncle Tobys Natural Style Swiss Blend Muesli Uncle Tobys Oat Crisp - All Uncle Tobys Oat Flakes Uncle Tobys Oats - All Uncle Tobys Plus – All (Calcium\*) Uncle Tobys Shredded Wheat Uncle Tobys Vita Brits Uncle Tobys Vita Weeties Uncle Tobys Delicious Blends - All

#### Foods

Maggi Recipe Base – Bolognese with Tomato & Herbs Maggi Recipe Base – Chow Mein Maggi Recipe Base – Cottage Pie Maggi Recipe Base – Mexican Nachos Maggi Airfryer Japanese Style Maggi Airfryer Southern Style Harvest Gourmet Sensational<sup>™</sup> Classic Pieces -**Lightly Seasoned** Harvest Gourmet Sensational<sup>™</sup> Marinated Pieces - Mediterranean Seasoning Harvest Gourmet Sensational<sup>™</sup> Marinated Pieces - Asian Seasoning Harvest Gourmet Sensational<sup>™</sup> Meatless Meatballs - Mediterranean Seasoning Harvest Gourmet Sensational<sup>™</sup> Burger

# **Condiments & Sauces**

Cross & Blackwell Branston Pickle Maggi Original Seasoning Thomy Delikatess Mayonnaise

#### Confectionery

Allen's Cheekies Allen's Fantales Allen's Kool Mints Allen's Bites Chocolate Coconut Rough KitKat - All Milkybar – All (excluding Milkybar Cookie Bites) Nestlé Aero - All Nestlé Chokito Bar – (excluding Chokito Bites) Nestlé Crunch Nestlé Golden Rough Nestlé Golden Rough Nestlé Peppermint Crisp Nestlé Rolo Nestlé Rolo Nestlé Rolo Chocolate Bites Nestlé Scorched Almonds Nestlé Scorched Almonds Salted Caramel Nestlé Quality Street

#### Dairy

Carnation Creamy Evaporated Milk Carnation Light & Creamy Evaporated Milk Carnation Lite Cooking Cream Nestlé Reduced Fat Cream Nestlé Sweetened Condensed Milk – All Nestlé Top 'n' Fill Caramel Sunshine Instant Full Cream Milk Powder

# **Healthcare Nutrition**

Optifast VLCD Bar - All Sustagen - All except Sustagen Collagen Sustagen Ready to Drink

# **Infant Nutrition**

Cerelac Infant Cereal – All Nan Comfort – Stages 1 and 2\* NanCare Probiotic Drops – All

# Medicated

Butter Menthol – (excluding Throat Gummies) Quick-Eze Chewy - Peppermint, Cooling Icy Mint Quick-Eze Original Soothers Eucalyptus & Menthol Soothers Honey & Lemon Soothers Liquid Centres Lemon & Lime Soothers Herbal Throat Drops – All

# Snacks

Milo Snack Bars - All\* Uncle Tobys Muesli Bars – All Uncle Tobys Roll-ups – All Uncle Tobys Le Snak – All Uncle Tobys Oat Slice – All Please Note: The following products may be suitable for a Lacto-Ovo-Vegetarian diet (some products may contain egg, dairy or honey), however they are manufactured on equipment processing crustacean and/or fish.

#### Foods

Maggi 2 Minute Noodles - All Maggi Cup Noodles - All Maggi Wholegrain Noodles - All Maggi Fusian – All Maggi Gravy – Roast Chicken Maggi Gravy - Roast Meat Maggi Recipe Base - Apricot Chicken Maggi Recipe Base - Beef Goulash Maggi Recipe Base - Beef Stroganoff Maggi Recipe Base - Butter Chicken Maggi Recipe Base - Smoky Paprika Burrito Maggi Recipe Base – Chicken Chasseur Maggi Recipe Base - Chilli Con Carne Maggi Recipe Base – Devilled Sausages Maggi Recipe Base – Lamb Ragout Maggi Recipe Base - Mediterranean Meatballs Maggi Recipe Base – Satay Chicken Maggi Side Dishes - Cheesy Broccoli & Cauliflower Bake Maggi Side Dishes - Creamy Cheese and Garlic Potato Bake Maggi Side Dishes - Pumpkin & Fetta Maggi Side Dishes - Three Cheese Potato Bake Maggi Slow Cooker – All Maggi Stir Fry – All except Pad Thai Maggi Airfryer Herb French Roast