



Good food, Good life

## Dietary List: Vegetarian

Current at May 2024 for Nestlé Australia Ltd.

The following list of products are suitable for a Lacto-Ovo Vegetarian diet (some products may contain egg, dairy or honey). Products marked with an asterisk\* contain Vitamin D from lanolin.

This list of products applies to products manufactured for the Australian market (identifiable by Nestlé Australia Consumer Services details on pack).

This information is correct at date of issue and may be subject to change.

**Please check the product ingredient list on labels before consuming a product.**

### Baking

NESTLÉ Bakers' Choice Baking Cocoa

NESTLÉ Bakers' Choice Choc Bits – Milk, White, Dark

NESTLÉ Bakers' Choice Melts - Milk, White, Dark

PLAISTOWE Premium Baking Chocolate – Milk, White, Dark & 70% Cocoa

PLAISTOWE Premium Cocoa

### Beverages

MILO – All \*

NESTLÉ Malted Milk

NESTLÉ Coffee-Mate – All

NESTLÉ Caro Extra

NESQUIK – Chocolate

NESTLÉ Aero Hot Choc

STARBUCKS Signature Chocolate 42%

STARBUCKS Signature Chocolate Salted Caramel Cocoa Powder Sachets

UNCLE TOBYS Goodness Shakes - All

### Coffee

INTERNATIONAL ROAST Coffee

NESCAFÉ BLEND 43 Instant Coffee – including Smooth & Creamy, Mild Roast, Espresso, Decaf & Dark Roast

NESCAFÉ GOLD Instant Coffee - Original, Intense, Smooth, Decaf, Short Black & Green Blend

NESCAFÉ Coffee Mixes

MILO Mocha\*

NESCAFÉ Roastery – Light & Dark

NESCAFÉ Espresso Concentrate - Black and Sweet Vanilla

NESCAFÉ Dolce Gusto - All

NESCAFÉ Farmers Origins – All

STARBUCKS at Home – All



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### **Cereals**

MILO Cereal - All\*

MORNING SUN Muesli - All

NESQUIK Cereal

UNCLE TOBYS Ancient Grains

UNCLE TOBYS Breakfast Bakes

UNCLE TOBYS Cheerios - All

UNCLE TOBYS Fruity Bites - Wildberry

UNCLE TOBYS Natural Style Swiss Blend Muesli

UNCLE TOBYS Oat Crisp - All

UNCLE TOBYS Oat Flakes

UNCLE TOBYS Oats - All

UNCLE TOBYS Plus – All (Calcium\*)

UNCLE TOBYS Shredded Wheat

UNCLE TOBYS Vita Brits

UNCLE TOBYS Vita Weeties

UNCLE TOBYS Delicious Blends – All

CINI MINIS Churros Cinnamon Crunch

### **Confectionery**

Allen's Cheekies

Allen's Kool Mints

KITKAT – All (including KITKAT MILO\*)

MILKYBAR – All (including MILKYBAR MILO\*)

NESTLÉ Aero - All

NESTLÉ Chokito Bar

NESTLÉ Crunch

NESTLÉ Golden Rough

NESTLÉ Peppermint Crisp

NESTLÉ Rolo Block

NESTLÉ Scorched Almonds

NESTLÉ Quality Street

### **Dairy**

CARNATION Creamy Evaporated Milk

CARNATION Light & Creamy Evaporated Milk

CARNATION Lite Cooking Cream

NESTLÉ Reduced Fat Cream

NESTLÉ Sweetened Condensed Milk – All

NESTLÉ Top 'n' Fill Caramel

SUNSHINE Instant Full Cream Milk Powder



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### **Foods**

MAGGI Recipe Base – Chow Mein

MAGGI Recipe Base – Cottage Pie

MAGGI Airfryer Japanese Style

MAGGI Airfryer Southern Style

MAGGI Veg Plant Based – All

### **Condiments & Sauces**

CROSS & BLACKWELL Branston Pickle

MAGGI Original Seasoning

THOMY Delikatess Mayonnaise

### **Healthcare Nutrition**

OPTIFAST VLCD Bar - All

SUSTAGEN Everyday

SUSTAGEN Sport

SUSTAGEN Hospital Formula Plus Fibre

SUSTAGEN Optimum

SUSTAGEN Ready to Drink - Dutch  
Chocolate & Vanilla only (excludes  
Strawberry)

SUSTAGEN Hospital Formula

### **Snacks**

MILO Snack Bars - All\*

UNCLE TOBYS Muesli Bars – All

UNCLE TOBYS Roll-ups – All

UNCLE TOBYS Le Snak – All

### **Infant Nutrition**

NAN COMFORT – Stages 1 and 2\*

NANCARE Probiotic Drops – All

CERELAC Infant Cereal – All

### **Medicated**

SOOTHERS Eucalyptus & Menthol

SOOTHERS Honey & Lemon

SOOTHERS Liquid Centres Lemon & Lime

SOOTHERS Herbal Throat Drops – Honey  
& Lemon

QUICK-EZE Original

QUICK-EZE Chewy – Peppermint

BUTTER MENTHOL – (excluding Throat  
Gummies)



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**Please Note: The following products may be suitable for a Lacto-Ovo-Vegetarian diet (some products may contain egg, dairy or honey), however they are manufactured on equipment processing crustacean and/or fish.**

### **Foods**

MAGGI 2 Minute Noodles - All

MAGGI Cup Noodles - All

MAGGI Wholegrain Noodles - All

MAGGI Mug Noodles - All

MAGGI Fusian – All

MAGGI Gravy – Roast Chicken

MAGGI Gravy – Roast Meat

MAGGI Gravy – Brown Onion

MAGGI Recipe Base - Apricot Chicken

MAGGI Recipe Base - Beef Goulash

MAGGI Recipe Base - Beef Stroganoff

MAGGI Recipe Base - Butter Chicken

MAGGI Recipe Base – Chicken Chasseur

MAGGI Recipe Base - Chilli Con Carne

MAGGI Recipe Base – Devilled Sausages

MAGGI Recipe Base – Lamb Ragout

MAGGI Recipe Base – Mediterranean Meatballs

MAGGI Recipe Base – Mexican Nachos

MAGGI Recipe Base – Satay Chicken

MAGGI Side Dishes - Cheesy Broccoli & Cauliflower Bake

MAGGI Side Dishes - Creamy Cheese and Garlic Potato Bake

MAGGI Side Dishes - Three Cheese Potato Bake

MAGGI Slow Cooker – All

MAGGI Stir Fry – All